

Drop INS

Tuesday 10.00 am – 1.00 pm

CVA Resource Centre
82 London Road
West Croydon
CR0 2TB

Wednesday 10.00 am – 1.00 pm

Merton Hall
78 Kingston Road
South Wimbledon
SW17 1LA

Thursday 10.00 am – 1.00 pm

St Nicholas Church Hall
Church Lane
Tooting
SW17 0PP

Saturday 10.00am – 1.00pm

Taylor Road Centre
Taylor Road
Mitcham
CR4 3JR

Head Office:

South London Tamil Welfare Group
36, High Street, Colliers Wood, London SW19 2AB
Tel: 020 8542 3285 • Email: reception@sltwg.org.uk

Staying Home Alone?

Older People Support Services

Welcome to the SLTWG family

- Meet new friends
- Learn new activities
- Feel independent
- Be happy



SOUTH LONDON TAMIL WELFARE GROUP

தென் லண்டன் தமிழர் நலன் நிறை அமைப்பு

Enhancing the Quality of Life of the Tamil Community



Our Aim

- To support the Tamil elders.
- To introduce new friends to them.
- To provide them a healthy & purposeful life.
- To integrate them & fit them in a society where they feel comfortable.

Our Services

- Drop – ins
- Day trips
- ESOL classes and I.T Training
- Befriending
- Workshops and discussion groups
- Translation support
- Keep fit classes
- Cultural activities
- Information leaflets in Tamil
- Training and support for those invisible carers & house bound elders

Our Vision

- You can socialize with your own group and not feel alone
- You can understand what are your rights as an elderly person and be independent
- You can understand the importance of keeping fit and healthy
- You can support & inspire younger generation
- You can CONTRIBUTE to the community & feel valued.

Older People Support Services Registration Form

First Name

Surname

Date of Birth [DD / MM / YYYY]

Address

Postcode

Brough

Telephone Number