

# 25<sup>TH</sup> ANNUAL REVIEW 2009 - 10

Enhancing the quality of life of the Tamil Community



**SOUTH LONDON TAMIL WELFARE GROUP**  
தென் லண்டன் தமிழர் நலன் நிறை அமைப்பு



**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2010**

**Trustees**

Dr. P. Arumugaraasah, Chairman  
Mrs. R.P. Sanmugathan, Vice Chairman  
Mr. T. Sri Pathmanathan, Secretary  
Mrs. S. Kandasamy, Assistant Secretary  
Mr. S. Sabanathan, Treasurer  
Mrs. T.J. Indiran, Assistant Treasurer  
Mrs. M. Yogashangary, Director  
Mr. S. Sivayoganathan, Director

**Company Registered Number : 03816209**  
**Charity Registered Number: 1077602**

**Registered Office**

36 High Street, Colliers Wood  
London SW19 2AB

**Company Secretary**

Mr. T. Sripathmanathan

**Community Operations Manager**

Selestin Lidwin Nayagam

**Auditors**

Haysmacintyre  
Chartered Accountants  
Fairfax House, 15 Fulwood Place  
London WC1V 6AY

**Bankers**

CAF Bank Ltd  
25 Kings Hill Avenue  
Kings Hill, West Malling  
Kent ME19 4JQ

HSBC Bank Plc.  
5 Wimbledon Hill Road  
London SW19 7NF

# **SOUTH LONDON TAMIL WELFARE GROUP**

## **25<sup>th</sup> ANNUAL REVIEW 2009 - 10**

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## Objectives

The objectives of the SLTWG are:

- Provision of advice and information service
- Advancement of education, and
- Provision of facilities for recreation.

The SLTWG has a general aim of contributing to the quality of life of the Tamil community, while gradually looking to include other groups in the community through the provision of exciting, challenging and accessible projects for children, youths and elders.

The main objective for the year is to be developing projects to help the future sustainability of the Organisation and provision of easily accessible quality service. They can be summarised as follows:

- To develop and set up a social enterprise for the future sustainability of the Organisation.
- To implement a robust, quality management system and work towards the renewal the Matrix & Investors in People National Quality Marks achieved last year.
- To work in partnership with other institutions, sharing good practices and contract out services where feasible and access commissioning by Local Agencies.
- To bring awareness within the Tamil community and other Asian communities about our services

and encourage others in the area to benefit from the services.

- To increase the contribution, volunteers make to the welfare of the community, by recruiting more volunteers and providing them with the necessary support and guidance.

### Strategies for achieving objectives

The strategies employed to achieve the SLTWG's objectives are to:

- Deliver our services in a manner that allows our clients to have a rewarding and satisfying experience.
- Respect the individual needs of each client and achieve an environment to provide equal opportunities for all our clients, irrespective of race, religion, gender, sexuality, age or infirmity.
- Concentrate on involving people of different age groups in service delivery, to help a culture in which different age groups play a complimentary part.



## Activities Performance and Achievement

The organisation during the period under review experienced accelerated growth in terms of expansion and consolidating of the present services and achieving further quality standards.

Matrix National Quality Standard was awarded to the organisation for delivering quality advice services. We also retained OISC standard after successfully completing the audit. We are able to sustain our key services such as parenting support, customer care, supplementary classes for newly arrived migrants and family learning programme this year with funding from Parenting Fund, Merton Annual Grant, Pea body Trust and BIG lottery fund.

### Plans For The Future

The trustees have reviewed the operations of the Charity over recent years, assessed the changing needs of the community and other accessible services available locally, deciding on the following future plan for the organisation.

- Strengthening staff, volunteers and trustees through focussed training
- Expand services to Croydon, Wandsworth and other boroughs to accommodate the increasing demands to include all members in the community
- Develop services on community involvement programmes

- Intensify the marketing and publicity of the organisation
- Effective lobbying and advocacy programme on policies affecting the users, and
- Develop a fund raising strategy to include purchasing of own building
- Preparing the organisation for undertaking commissioning
- Accessing Fund-raising expertise to sustain current services particularly the advice services.
- Expansion of health advocacy services to Tamil mothers in Wandsworth borough after its proved success in Merton.
- Further funding for advice, children support services, supplementary class, post of the director, early years.
- To review, update and continue to possess the standard of Investor in People.



## Chairman's Report



**Dr. P. Arumugaraasah**  
The Chairman

I am pleased to present the year 2009 / 2010 annual report. In the midst of the disastrous situation in the North and East of Sri Lanka from where most of our users are from, we had another successful year of continued service to our community. In the year 2011 we will be celebrating 25 years of service. All credits for the success go to our dedicated staff, board of directors and our volunteers. There has been an acute shortage of core staff funding, however we were able to operate our services successfully with the help of our existing staff and volunteers.

Our project managers have done extremely well in attaining the targets set by the funders. Although the tasks were very difficult, the project managers, through good teamwork were able to achieve the set target levels and have satisfied the funders. Our staff team work needs commending.

With the help of last year's business plan, developed by the board of directors, together with the staff, and in keeping with the aims and objectives of the South London Tamil Welfare Group (SLTWG), we were able to identify the needs of our community and have secured funds to run projects to help them with their needs and make a difference.

During the financial year 2009-2010 we provided the following services to our community.

1. **Advice and Advocacy Work**
2. **Positive Parenting Support (Parenting round 3)**
3. **Tamil Health Advocacy Services**
4. **Early Years Project**
5. **Empowering Tamil Families through Family learning**
6. **Domestic Violence Victim Support Service - Abayam**
7. **Older People Service**
8. **Sunday Supplementary Classes**

The Advice and Advocacy Work are much needed to our community but due to the lack of prospective funders and available funds we had stretched our capacity to beyond limits to provide the above service.

The aims of the "Parenting Fund 3" was to offer effective interventions for Tamil parents whose children were vulnerable to gang culture, carrying knives and guns and prone to commit criminal offences. These intervention

projects were carried out through intergenerational activity in partnership with "Foundation 4 Life". This project has helped parents to develop stronger family relationships and has improved parental confidence and skills. This has also helped our children to develop their skills, confidence and leadership qualities.

The Tamil Health Advocacy Service had been designed to support Tamil women who were planning to have their maternity care at St. Georges Hospital and were living in the catchment area of the Lavender and Pink team. This service was delivered in partnership with St. Georges Hospital Maternity services. The aim of this service was to make it easier for Tamil families to use the Maternity Services and to have a satisfactory experience. The families were given bilingual health advocacy, and the project worker accompanied the mothers to the ante natal clinic and was there at the maternity wards to help them through their maternity and baby care. The health advocate also provided services in partnership with Wandsworth PCT. The above services were well appreciated by the users and as well as by the providers and we are invited to extend our services to the Croydon Mayday Hospital Maternity unit.

The "early years" project targeted the families with small children and had been encouraging the Tamil families to use the children's centre support activities. The project manager had also been linking the people in need of



**London Tamil Welfare Group (SLTWG), we were able to identify the needs of our community and have secured funds to run projects to help them with their needs.**”

specific services to the "Multi Agency Team Services" and to other relevant organisations. These activities were carried out in children's centers in Merton. Tamil mothers enjoyed the service and some mothers had done childcare courses and achieved accreditation. Mothers who needed help with English as a language were given free English classes at Merton Adult College.

Empowering Tamil Families through Family learning was the continuation of the services we were providing for the last couple of years. This service had been extended to the Borough of Lewisham and Newham. The main aim was to get the parents to learn numeracy, language and skills with their children. Whereby creating a close relationship, social understanding and stability for the family. This project had been receiving a warm welcome from our users and other boroughs.

The Domestic Violence service is the new service we introduced. Domestic violence was unheard of in our Tamil community in the past. The reason could

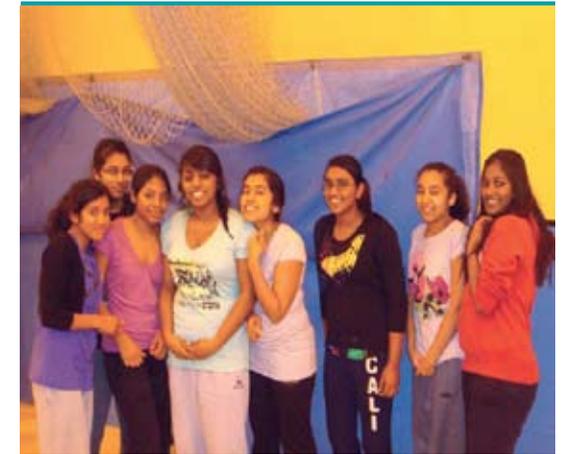
have been the Tamil community did not want to expose their family problems due to cultural stigmas attached to it and fear of social discrimination in the close community. When we encouraged the community to come forward and when they realised that there was help available, we were getting more and more reports of domestic violence. This service has been offered at the SLTWG head office on Mondays, Tuesdays and Fridays and at Bond Street centre on Wednesdays and Thursdays. There is a growing demand for this service and we are trying to expand our service to meet the demand.

The older people's service has continued as in the past years. Although we get a minimal support from the Merton Council to run the drop in centre on Saturdays at Taylor Road Community Centre we continue the drop-in services for the elders on Tuesdays at Croydon Voluntary Centre, Wednesdays at Merton Hall and Thursdays at St.Nicholas Church for the Wandsworth sector. These services are funded by the SLTWG from its general reserve.

SLTWG continues to provide the Sunday supplementary school at Colliers Wood Community Centre with the funds collected from the users, supplemented by the SLTWG from its general fund. The demand for the Sunday supplementary school is steadily growing and due to lack of space, volunteer teachers and funds we have not expanded our services. We depend mainly on volunteers to provide

the teaching. However we need more funds to expand the service.

Finally while thanking all our funders for their support, staff at the SLTWG, board of directors and volunteers for their assistance and guidance given to SLTWG to have a successful year, we wish to concentrate on fundraising to sustain and expand our services in the future.



## Secretary's Report



**T. Sri Pathmanathan**  
Honorary Secretary

The year under review was the 25th. year of service to the community by South London Tamil Welfare Group (SLTWG). The 25 years have seen SLTWG progressing continually in rendering good quality service. It is indeed commendable that the organization had been receiving several awards for high quality service during this period. As at the year under review the organisation's honour & prestige stand at a high level of recognition by all concerned.

The monthly meetings of the Board of Directors had proceeded regularly without a break. The Directors had been keen in scrutinizing as usual the reports on the work done in the various projects and also the accounts submitted by the project workers and making appropriate decisions for implementation in the best interest of the organization. There have been no complaints or criticisms concerning the service rendered to the

community by SLTWG or the workers. There are currently 11 members constituting the Board of whom two were co-opted as required by the constitution.

The social meetings, commonly known as "the Drop-in" organized under the Older People's project where members of the community especially the older people gather and participate in the activities, had functioned regularly. The notable event is the keep-fit exercise conducted by a qualified and experienced individual. These meetings have been well-attended. Coffee and lunch are also served. These meetings are conducted on four days in the week. On Tuesdays they take place at Croydon Voluntary Action, on Wednesdays at Merton Hall in South Wimbledon, on Thursdays at St. Nicholas Church, Tooting and on Saturdays at the Taylor Road Day Centre, Mitcham.

It is rather regrettable that fund raising has not been as expected presumably due to the global recession. However, I wish to sincerely thank on behalf of SLTWG, the funding organizations without whose generous contributions the organization would not have been able to carry on with its functions so well during the year. It is our hope that the future of SLTWG will continue to be as successful as had been during the past 25 years of its service to the community.

## Treasurer's Report



**Saba Sabanathan**  
Honorary Treasurer

Given the current trends and the particular challenges people are facing in some countries including our homeland, I am glad to confirm our commitment to support those who come to us for help and guidance. It would be appropriate at this point to express our gratitude and thanks to our MPs Siobhain McDonagh for Mitcham and Morden, Sadiq Khan – Tooting, Stephen Hammond – Wimbledon and a number of other MPs, from all parties, for their support in helping the refugees settle in their local communities. They have been organising meetings to hear the challenges faced by these people in coping with issues locally, dealing with sensitive matters, are always available to listen to their problems and give advice and thereafter point them in the right direction to find support and solutions.

At South London Tamil Welfare Group (SLTWG), the trustees, directors and



**We have reliable financial procedures and a system, which is continually upgraded to ensure trustees have accurate financial information and reports at regular intervals during the year. ”**

our dedicated staff have widened our services to include more people in Merton, Wandsworth, Lambeth, Croydon, Bromley and Lewisham. The numbers participating, both young and old, are increasing. Likewise, Advice, Advocacy, Empowering Families through Family Learning, Training and Employment Services and Drop-ins for older people are all attracting more members from the Big Society. The success of the Big Society has drawn praises from the wider population. As I am involved with other groups and clubs, including Help Age UK, Merton Volunteers and Afro-Caribbeans, I am confident we are all inspired by these compliments.

As an organisation, we aim to encourage the Tamil community to interact with other groups, promote awareness and mutually benefit.

We have reliable financial procedures and a system, which is continually upgraded to ensure trustees have accurate financial information and reports at regular intervals during the year. Thanks to the efforts of our dedicated staff, our total income for this year adds up to £349,673 in spite of the successful completion of the LDA training project leading to reduced

funding. The Metropolitan Police funded a one day project, to Prevent Violent Extremism in Tamil Community. Considerable planning and effort went into ensuring there was positive outcome, with conscientious effort by all the trustees, directors, staff, volunteers and the Metropolitan Police. In view of the one day event mentioned above for young people, the future holds great promise for them and SLTWG.

Continuing demand for our services at SLTWG gives the trustee, directors, staff and volunteers inspiration to find ways and means of fulfilling the expectations. Our values guide the attitudes, behaviours and decisions of SLTWG trustees, as we interact with our service users, our partners and most of all, each other. Our equal opportunities policy is an important and critical part of that commitment, as its focus is to make sure that we treat everyone with dignity, fairness and respect.

Our reserve fund currently stands at £88,119. For further details, please see the section headed Reserve Policy on page 12 of the financial report. We are grateful to Haysmacintyre, our auditors, for their continued guidance and support to our management team.



# Gallery





## Empowering Tamil families through Family Learning

### 2009-2010 has been a busy year for the Family Learning project.

We have achieved important milestones agreed with our funders.

- A tailor made Family Learning Curriculum to empower Tamil Parents so that children get the support from their parents in many ways: higher levels of awareness/ access to information/higher levels of self-confidence/positive parenting and altogether understanding that learning would foster stronger relationships among family members and community.
- Our family learning programme in Merton was run in New minster Children Centre, St.Thomas Children Centre, and Church Road Children (activities with Polish community) Centre. Story sacks in partnership with Polka Theatre were a new initiative enjoyed by all parents and staff.
- In Lewisham, we successfully established partnerships with Sandhurst primary and Rushey green primary schools. Family finance course that ran for 15 weeks was highly appreciated by parents. Our core partner Association of Tamil Parishioners and Lewisham Community Education support enabled us to make a difference in the families and the schools.
- In Wandsworth, we have started to work with the Tooting library and targeted Tamil families. The course will run for 12 weeks: Keeping up with the children, Family literacy, language and numeracy as well as wider family learning.
- From September 2010, we will be working with Tamil community of Newham. We have reached so far 134 families.
- SLTWG Family learning team has been offered one to one support for planning and development through the BASIS project.
- We have been invited at the House of Lords for the launch of the Learning Revolution (14/10/09). That was a great opportunity for marketing/publicity.
- The SLTWG Family Learning Team is networking regularly with other providers and is keen in updating itself: We have recently registered ourselves in the new Family learning network website which offers a wealth of information and resources.
- We also regularly celebrate success, talents and achievements by certificates awards, family fun trips( beach trip, Dean city farm trip) sports activities,
- Visit to Bank of England Museum, Family Learning Week, National

Family Week celebrations and Talent show by children from our partner schools (Lewisham)

- We regularly evaluate our services through discussions, feed backs as we believe in improving our services on a regular basis and we are monitored by our funders through telephone feedback and end of year reports.

#### **Dr. Rajeswary Chandirassegarane**

Family Learning Support Manager

#### **Mrs Padma Thuraisingam**

Family Learning Support Outreach Worker

## Family Learning Our Activites in Lewisham



1



2



3

1. Award Ceremony
2. Rushey Green
3. Beach Trip

Project funded by:  
Big Lottery Fund

## Family Learning Our Activites in Sandhurst School



1. Sandhurst School

Project funded by: Big Lottery Fund

## Advice & Advocacy Service

Princess Diana Memorial Fund in accordance with their strategic objective of encouraging fair and humane treatment of refugees and asylum seekers, has kindly grant-funded for two years to SLTWG, to employ two workers. This Grant is from their category of 'Criteria –Led' Grants Round, in order to employ two Advice & Advocacy Workers to help Tamil youngsters between the ages of 16 and 21 years in the Refugee and /or Asylum Seeker Category. This work will cater to the needs of Tamil community youngsters in the entire London area within this stipulated Diana Funders' criteria.

The Grant from the Princess Diana Memorial Fund is conditional. It is a two year contract for the two workers. The two workers are only allowed to help Tamil youngsters of the above age group, who are only refugees or asylum seekers. The target number should be 300 over the two year period with advice and advocacy support in the following fields:-

- **Housing Advice /Support**
- **English for Speakers of other languages (ESOL)**
- **Debt Management Support**
- **Legal Advice**
- **Healthcare Support**

Support will be direct or referrals and / or sign posting, involving networking in a wider capacity.

Vasuki and Sarasa were employed by SLTWG from July 2009, to execute this

project and hopefully will make an impact to a certain degree, on the lasting legacy of Princess Diana's charitable work.

The workers are embarking on publicity, outreach work, networking and above all one-to-one support of these youngsters. We are planning to extend our work to the wider community's refugee needs as well.

This kind of one-to-one support will be based on Individual Action Plan for each client, which is based on their specific needs. The guidelines are embedded in Diana Funders' Project Programme based on objectives, activities

needed to execute these objectives, targets to achieve, timescale, defined responsibilities and accountability, all within the available resources.

All paperwork is being carried out in order to record the progress and development of the work in their detailed form, including feedback procedures. Also monitoring and evaluation procedures are in place with provision for reporting outputs, outcome and wider impact on the community. There is also provision for user involvement such as User Forum, in order to engage and empower these youngsters to be more confident, raise their morale and also simultaneously to help themselves while making a mark on the host community's social profile.

**Mrs. Vasuki Prabakaran**  
Advice Support Worker

## Supplementary Education Classes

South London Tamil Welfare Group's Supplementary Education Project is a leading provider of supplementary education, programmed for Tamil children and to other community children. A good all-round education gives children the best possible start in life. Yet Tamil children who come from underprivileged families are not performing as well as they could in the schools for number of reasons. These classes were devised to coach and aid their learning mainly to improve achievements of students in the core subjects of Maths and English in line with the National Curriculum and help them integrate within the communities they need to be part of.

The Supplementary School Project, established in 2002 has become a community led project now offering educational support, Carnatic dance classes and cultural celebrations, in order to aid the children feel more socially comfortable and to help the families raise their self-esteem maximizing their opportunities. As observed, this encourages all the children to get fully involved at the forefront of these events.

Approximately about 106 children now attend the supplementary educational classes on Sundays for 2 hours throughout the academic year. Currently in our infrastructure of the classes we have employed paid teachers to the existing group of volunteers. The children now receive fully comprehensive

teaching and support, guaranteeing them a leg-up in their studies. Added to this, it further instils in them, a sense of belonging in the community coupled with teaching them traditional values and customs through celebrating a plethora of varying festivals from modern cultures (Navarathiri, Christmas celebrations and Refugee week). We often designate individual roles enabling them to present their various talents to the wider community, thereby letting their abilities be recognized and increasing their self-confidence.

**Mrs. Kanjana Ranjan**  
Education Support Coordinator

## Young People on The Leadership Programme



SLTWG & Foundation 4 Life

## Abayam Advice Support Service (Domestic Violence)

### Aim

The project is designed to help to increase the reporting of incidences of domestic violence across the Asian Community and linking them with other mainstream services. This project is implemented by South London Tamil Welfare Group in partnership with the Family Support Team of the London Borough of Merton (LBM).

### About the Service

- This project is to work with the South Asian Community in increasing the resilience of the children and young people of the families who are experiencing domestic abuse and to create awareness of the impact of domestic violence in these families through early intervention.
- In addition, to outreach to women and children who are experiencing domestic abuse by providing them information, advice and signposting to relevant mainstream agencies such as Children's Centres, Victim Support, Family Support and Phoenix Project.
- Moreover, to participate in early years activities within the Multi-Agency Team to build relationships with the women who are experiencing domestic violence to come forward to express their

suffocation.

- Furthermore, to work with mothers so as to identify domestic abuse, learn how to protect them and find out what support is available with fathers to examine the impact of domestic abuse on women and children.
- Apart from the above, Abayam Advice Support Service also provides an accessible outreach service to relevant women and children in conjunction with LBM Family Support Service and refer families to the Supporting Families Panel.

### Verni Vijayarajah

Abayam Advice Support Worker

## Tamil Health Advocacy Services

Tamil Health Advocacy is a service to support Tamil women and their families who are planning to have babies at St George's Hospital and living within the catchment area of Lavender & Pink team. This service is in partnership with St George's Hospital (maternity services).

The aim of the service is to make it easier for Tamil families to use maternity services at St. Georges Hospital and to have a positive experience. This is done by providing more information in Tamil and having a bilingual health advocate available to support families in their appointments and activities. The Health Advocate accompanies Tamil ladies during Booking, postnatal home visits, and Antenatal clinic appointments with midwives & GP's and also scanning appointments. We run Tamil antenatal classes facilitated by a midwife and interpreted by a health advocate.

As part of the project, we translate relevant information into Tamil relating to pregnancy and childbirth.

Until June 2010, the Health advocate also worked with health visitors based in Tooting as a part of Tamil Health Advocacy project funded by Wandsworth PCT.

We ran a Tamil Drop in on Fridays at Hill Brooke Primary School, Tooting. In this drop in session parents received more information about Children Centre activities in Wandsworth, messy playgroup for kids and one to one information services whenever required. Also we sign posted them for advice in immigration, housing and other issues to appropriate agencies. We also conducted Baby massage groups named Tiny Tamils, which was first of its kind for the Tamil Parents. Due to funding reasons, unfortunately, this project ended in June 2010.

**A Tamil mother said:** "It is good to attend the antenatal classes. I got to know about Carmen suite through these classes and really liked the idea of giving a water birth. I delivered my baby in Carmen suite and also used the water pool. Thanks for the information and service"

**Another mother said:** 'I am glad that I am getting this service, I know many of them do not get any kind of support during pregnancy. Thanks for the service.'

**One of the mother said:** that 'My baby recognises that I am going to massage her and expresses her happiness when I bring the oil with me. My elder daughter pretends to massage the toy by watching

me massaging her little sister. It has become a family get together time for all of us. We all enjoy massaging the baby. Overall our family is having a great time - Thanks to this service which enabled us to access the service.'

Activities	Number of Ladies
Booking visits	62
Post natal visits	125
Clinic at London Road	236
Fetal medicine unit	104
Antenatal classes	31
Gwillim Ward	12
Breast feeding support	15
Telephonic Support	Average of 10 calls per day
Tamil Drop in	Average of 8 ladies
Baby Massage Group	Average of 8 ladies/group 8weeks and 4 groups were conducted

**Mrs. Bhavani Natarajan**  
Tamil Health Advocacy Worker

## Health Trainer Programme

### Background

NHS Wandsworth has recently introduced the Health Trainer Programme across Wandsworth.

### Aim

The primary aim of the project is to work with clients from hard to reach and disadvantaged communities to help them access existing health services and to support them in making positive lifestyle changes and help them improve their health and wellbeing.

### About the Service

This is a free and confidential service to anyone who is over 18 years of age and lives in Wandsworth.

### Role of the Health Trainers

The role of the Health Trainer is to work one-to-one with clients to develop a Personal Health Plan and support the client to make positive changes in their life to improve their health and wellbeing.

Health Trainers can provide information on a range of topics, including:

- Physical Activity
- Healthy Eating
- Weight Management
- Smoking cessation
- Sensible drinking
- Social activities to promote mental wellbeing

Health trainers also signpost clients to different health and lifestyle services in the borough.

Six Health Trainers work within host organizations across the borough. Accordingly, I have been placed with South London Tamil Welfare Group to support the clients to make positive changes to their lifestyle.

### Achievement

This is a new initiative among the Tamil Community too and below is a quote from one of my clients who has gradually improved and successfully achieved her healthy goal.

#### Bremila Corera

Health Trainer for NHS Wandsworth

## Quotes from Service user



“I picked up a leaflet of the Health Trainer Programme at Tooting Library and made contacts with the Health Trainer (HT). The Springfield Hospital also provides me treatment for Depression with the support of an Interpreter as English is not my first language. The Health Trainer (HT) speaks my language where an interpreter is not necessary. I could directly throw out my feelings and sufferings and I felt relaxed after speaking to her.

We discussed about the life that I lived and what I want to change. We developed a Personal Health Plan and set a goal for walking with my kid to school 5 times a week. Maintaining change was a great challenge for me. We worked together on the ‘ABC’ (At first, Behaviors, Consequences) tool to identify when the desired/undesired behavior is more likely to occur. After relapse, I was able to incorporate this new habit into my life. This has helped me to feel better and I could see changes in my weight too”.

## Effective Intervention for Tamil Families of Croydon

SLTWG services in Croydon have been in high demand since 2006. As on date we have been working with 165 Tamil parents in various centres in Croydon including Canterbury Community Centre, Lanfranc school, West Thornton primary school, Elmwood primary school, Kingsley primary school, Gonville primary school, Ashburton community school (CAEA) children's Centre as well as Winterbourne Infant school.

The aims of Parenting Round-3 (2009 – 2011) is to offer effective interventions for Tamil parents whose children are vulnerable to gang memberships, or carrying knives and guns so as to prevent the children committing criminal behaviours in the future. It also aims to promote stronger family relationships, improved parental confidence and skills through intergenerational activity. Having a partnership with Foundation 4 life, our target is to involve 100 families and 100 young people in this project as illustrated by the target pie chart below.

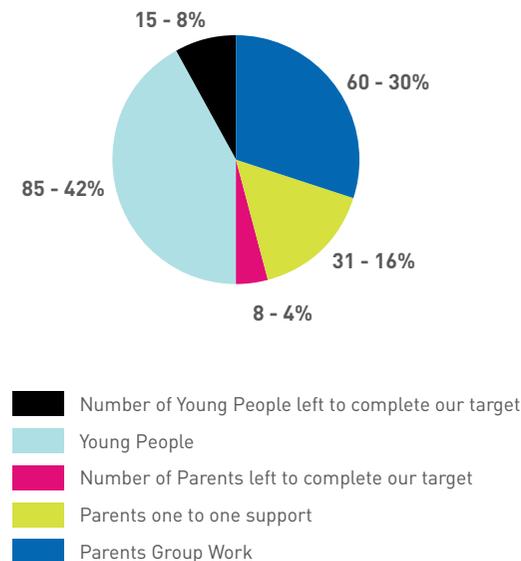
### Through this innovative Service Parents will

- Become familiar with positive parenting
- Learn new skills
- Make new friends
- Increase self confidence
- Participate in community life
- Bring out own skills and share with others

### Children will

- Improve their leadership
- Get new circle of friends
- Get community mentors
- Get opportunity to develop talents
- Get one to one support to deal with personal issues
- Improve their communication skills

### SLTWG target 100 families and 100 young people



**Mrs. Yoga Jeyasuntaram**  
Parenting Education Support Worker

## Early years, Child care & Children's Centers Service

### Aim

- Encouraging the Tamil families to engage in children's Centre support activities.
- Linking the people in need of specific services to the MAT services and respective organisations

### Achievements

- Successfully conducted sessions in three Children's centres in Merton, namely, Ivy League garden, Lavender children's centre and New minster. The turnout was better than expected.
- The families continued to come even after the Tamil sessions were converted to 'Family stay and play' for all communities.
- Many parents joined the childcare course and completed levels 1 and 2.
- Mothers who were having difficulty with English language were sent to the Church Road Children centre and Merton Adults College to study ESOL free of charge with crèche facilities.
- Many multi agency teams seek our assistance to help families in need.
- St.Thomas and Canterbury children's centres seek our help to engage Tamils living in the area to

take part in the events organised by them.

- We had the opportunity to deliver parenting classes and advice for the parents.
- Successfully completed the 'Strengthening families and strengthening community' program for Tamil parents at the Bond Road family Centre.
- Aragon Primary school and the Lower Morden centre wanted us to look into the issue of Tamil children not socialising or mixing with children from other communities and resolved it successfully.
- Finally we took the families on a one day fun trip to Littlehampton in April.
- Many Tamil parents joined the fun days at the three Children centres which were organised by Sure start Children Centre Services.
- Many parents joined the Christmas parties held at each children centre and thoroughly enjoyed themselves.

**Mrs. Saratha Arunasalam**  
Community Engagement Worker

## Statement Of Financial Activities

(Incorporating Income And Expenditure Account)  
For The Year Ended 31 March 2010

	Restricted Funds 2010	Unrestricted Funds 2010	Total Funds 2010	Total Funds 2009
<b>Incoming Resources</b>				
Incoming Resources From Generated Funds:				
Voluntary Income	-	1,587	1,587	1,260
Activities For Generating Funds	-	27,631	27,631	14,529
Investment Income	-	108	108	4,342
Incoming Resources From Charitable Activity	424,625	21,290	445,915	376,164
Other Incoming Resources	-	-	-	
<b>Total Incoming Resources</b>	<b>424,625</b>	<b>50,616</b>	<b>475,241</b>	<b>396,295</b>
<b>Resources Expended</b>				
Charitable Activities	432,224	47,869	480,093	447,086
Governance Costs	-	9,467	9,467	9,506
<b>Total Resources Expended</b>	<b>432,224</b>	<b>57,336</b>	<b>489,560</b>	<b>456,592</b>
Net Expenditure Before Transfers	(7,599)	(6,720)	(14,319)	(60,297)
Transfers between Funds	5,676	5,676	-	-
<b>Net Movement In Funds For The Year</b>	<b>(13,275)</b>	<b>(1,044)</b>	<b>(14,319)</b>	<b>(60,297)</b>
Total Funds At 1 April 2009	22,976	89,177	112,153	172,450
<b>Total Funds At 31 March 2010</b>	<b>9,701</b>	<b>88,133</b>	<b>97,834</b>	<b>112,153</b>

The Statement of Financial Activities includes all gains and losses recognised in the year.

## Balance Sheet

As At 31 March 2010

	2010	2009
	£	£
<b>Fixed Assets</b>		
Tangible Fixed Assets	21	221
<b>Current Assets</b>		
Debtors	67,303	24,563
<b>Cash At Bank</b>	<b>107,114</b>	<b>130,789</b>
	174,417	155,352
<b>Creditors: Amounts Falling Due Within One Year</b>	<b>(76,604)</b>	<b>(43,420)</b>
Net Current Assets	97,813	111,932
Total Assets Less Current Liabilities	<b>97,834</b>	<b>112,153</b>
<b>Charity Funds</b>		
Restricted Funds	9,701	22,976
Unrestricted Funds	88,133	89,177
	<b>97,834</b>	<b>112,153</b>

## Staff members for the year 2009-10

**Mrs. Selestin Lidwin Nayagam**  
Community and Operations Manager

**Dr. Rajeswary Chandirassegarane**  
Family Learning Support Manager

**Mrs. Padma Thuraisingham**  
Family Learning Support Outreach Worker

**Mrs. Vasuki Prabakaran**  
Advocacy & Advice Support Worker

**Mrs. Sarasa Anandalingam**  
Advocacy & Advice Support Worker

**Mr. Sockalingam Vijayarajah**  
Customer Care Worker

**Mrs. Jeyanthi Satkunapalan**  
Accounts Assistant

**Mr. Manivannan Navasothy**  
Training and Employment Project  
Coordinator

**Mrs. Indranee Ruthrarajan**  
ESOL Tutor

**Mr. Muraleetharan Kuneratnam**  
IT Tutor

**Mrs. Priya Jyothiraman**  
Admin Support Worker  
Training & Employment Service

**Mrs. Kanjana Ranjan**  
Education Support Coordinator

**Mrs. Manoluxmy Premkumar**  
Tamil Women Employment Support  
Outreach Worker

**Mrs. Saratha Arunasalam**  
Community Engagement Worker

**Mrs. Verni Vijayarajah**  
Abayam Support Worker

**Mrs. Yoga Jeyasuntaram**  
Parenting Education Support Worker

**Mrs. Bhavani Natarajan**  
Tamil Health Advocacy Worker

**Ms. Breimi Corera**  
Admin Support Worker

**Mrs. Mankaiarkarasi Indaralingam**  
Sessional Worker  
Older People Support Service

**Ms. Jenifa Jeyakumar**  
Sessional Worker  
Education Support

## Acknowledgements

We extend our sincere thanks and gratitude to the following Organisations, which enabled us to achieve our objectives through various services.

### Home Office (Challenge Fund)

**Project:**  
**Promoting Integration**

Funded to provide help and support Tamil refugees, to positively integrate with the host community.

### The London Borough of Merton

**Project:**  
**Early Years Commissioning  
(Service Level Agreement)**

Funded to provide targeted family support and outreach services to raise awareness on the needs of supporting their child(ren) during foundation stage & the helps /supports available from extended services

### The Family and Parenting Institute

**Project:**  
**The Parenting Fund round 3**

Funded to aim to equip the parents with skills to better tackle the issues that put them at risk as well as improve relationships and gain a better understanding of the young people and the clashes between traditional Tamil and modern British cultures This unique opportunity brings the parents and young people together and promote stronger relationships and improved parental confidence and skills through intergenerational activity.

### St George's Healthcare NHS Trust

**Project:**  
**Tamil Health Advocacy Service**

Funded to provide health advocacy and outreach support for Tamil families from pregnancy to when children are five with the purpose of improving access to antenatal and postnatal health care.

### Wandsworth Primary Care Trust

**Project:**  
**Tamil Health Advocacy Service**

Funded to encourage and support pregnant Tamil mothers in the Tooting Locality of the London Borough of Wandsworth to have regular contacts with Health Care Professionals in the antenatal and postnatal period (Up to 1 year after birth).

### London Development Agency

**Project:**  
**Tamils into Employment Training**

Funded to provide the opportunity to the disadvantaged and unemployed Tamil community who predominately are refugees to access relevant and appropriate training and employment support, with the view of enabling successful integration.

## The London Borough of Merton

### Project: The Older People Support Service (Service Level Agreement)

Commissioned to conduct drop-in services at Taylor Road Community Centre for Tamil Older People.

## Wandsworth Primary Care Trust

### Project: Tamil Health Advocacy Service

Funded to encourage and support pregnant Tamil mothers in the Tooting Locality of the London Borough of Wandsworth to have regular contacts with Health Care Professionals in the antenatal and postnatal period (Up to 1 year after birth).

## London Development Agency

### Project: Tamils into Employment Training

Funded to provide the opportunity to the disadvantaged and unemployed Tamil community who predominately are refugees to access relevant and appropriate training and employment support, with the view of enabling successful integration.

## The BIG Lottery Fund:

### Project: Empowering Tamil Families in Family Learning

Funded to enable the Tamil parents to take an active and effective role in their children's learning process through

providing an environment to interact with their children through activities such as role plays, healthy cooking, family shopping and internet sessions. Also providing Strategic developmental support through developing a family learning curriculum, work with agencies and school and workshops on sibling relationships.

## The London Borough of Merton: For Regeneration Grant Funding

### Project: Tamil women employment support service

The fund will help to support Tamil women living in the neighborhood renewal areas (Cricket Green, Figges Marsh, Pollards Hill, Lavender, Colliers Wood St Helier and Graveney) to access skills training and employment making them equal partners in the economic development of their families and community.

## The London Borough of Merton: (Service Level Agreement)

### Project: Abayam Support service for South Asian Women

Funded to provide a culturally appropriate initiative and support service for children and women affected by domestic abuse in the South Asian community linking with other mainstream services and to increase the reporting of incidences of domestic abuse in the South Asian community to

enable children and young people to get the help they need thereby improving the outcomes for this group.

## The London Borough of Merton: Building resilience to violent extremism funding stream

### Project: 'Sangamam' Multi-community Sports Gala Day

Funded to prevent violent extremism in Tamil Community through rolling out a pilot programme of 'generation together' multi-community festival, followed by Feasible study to identify the needs of the young people with the support of Adults and plan activities to support children, young people and their families.

## The Wandsworth Primary Care Trust

### Project: Health trainer project (Service Level Agreement)

Funded to appoint Health Trainer works one-on-one with people from hard-to-reach or disadvantaged groups to support them to make healthy lifestyle changes.

## The London Borough of Croydon

### Project: Commissioned to run 13 weeks programme on SFSC and START programme

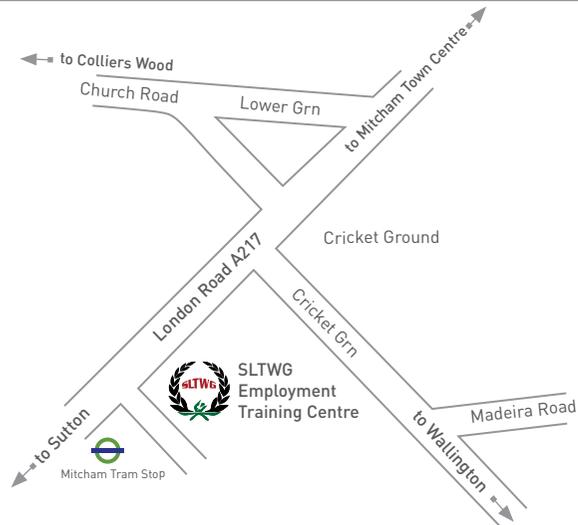
Funded to target the Tamil community especially Tamil families who need

higher levels of awareness and positive parenting skills to deal with their children born and brought up in the UK through conducting 13 weeks certificate programme on Strengthening Families and Strengthening Communities for the Parents and START programme for the young people

## Directions to SLTWG Head Office & Community Development Centre



## Direction to SLTWG Employment Training Centre



### Head Office

36 High Street, Colliers wood  
London SW19 2AB

Tel : 020 8542 3285

Fax : 020 8542 3289

Email : [reception@sltwg.org.uk](mailto:reception@sltwg.org.uk)

Web : [www.sltwg.org.uk](http://www.sltwg.org.uk)

 57, 219, 200, 493

 Northern Line, Colliers Wood Station

 Wimbledon

### Tamils into Employment and Training

Ambassador Suite 3, Justin Plaza 3  
341 London Road, Mitcham  
Surrey CR4 4BE

Tel : 020 8646 1193

Fax : 020 8687 0805

Email : [training@sltwg.org.uk](mailto:training@sltwg.org.uk)

### SLTWG Branch Office at Croydon

Croydon Voluntary Action  
82 London Road  
West Croydon  
CR0 2TB

Tel : 020 8253 7066